Redwood Community Center Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/ KempczynskiB@co.delaware.pa.us





Monday	Tuesday	Wednesday	Thursday	Friday
Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	3 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	Parkside Senior 9-3	6 Tai Chi 12-1:15
9	10	11	12	13
Closed	Closed	Senior Games	Closed	Closed
16	17	18	19	20
Closed	Closed	Closed	Closed	Closed
23	24	25	26	27
Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	Parkside Senior 9-3	Tai Chi 12-1:15
30 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30				