## Children's Mental Health Awareness Week What to do Wednesday

If your child is experiencing a mental health crisis and you need assistance, please call the 24/7 Delaware County Crisis Connections Team 855-889-7827.

If you need emotional support, please call the 24/7 Delaware County Telehealth Helpline 855-464-9342.

If you need assistance accessing children's mental health services. Please see our directory or visit our website for contact information

http://www.delcohsa.org/mh\_children.html

http://www.delcohsa.org/mh\_children/childrens\_directory.pdf

Need resources on how to support children during Covid-19

https://www.ffcmh.org/covid-19-resources-for-parents

