

Redwood Community Center

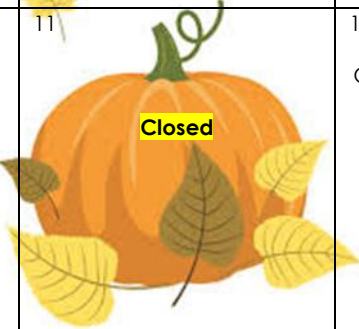
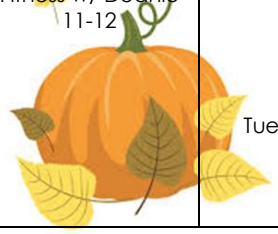
Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Center: 610-874-4598 or/

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
KempczynskiB@co.delaware.pa.us



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	4 Closed	5 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	6 Parkside Senior 9-3 	7 Closed
10 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	11  Closed	12 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	13 Parkside Senior 9-3 Thursday Night Dance 6-9 Featuring A Touch of Blue	14 Tai Chi W/ Mary Ellen 12-1:15
17 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	18 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	19 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	20 Parkside Senior 9-3 	21 Closed
24 Fitness w/ Deanie 11-12 	25 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	26 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1	27 Closed 	28 Closed

