

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
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Monday	Tuesday	Wednesday	Thursday	Friday
1 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	2 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/DJ Steve 1-3	3 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	4 Parkside Senior 9-3 	5 Tai Chi w/Mary Ellen 12-1:15
8 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-1:30	9 Redwood Holiday Party 10-3	10 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	11 Parkside Senior 9-3	12 Tai Chi W/ Mary Ellen 12-1:15
15 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	16 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	17 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:15	18 Parkside Senior 9-3 Thursday Night Dance 6-9 Featuring A Touch of Blues	19 Tai Chi w/Mary Ellen 12-1:15
		Redwood will be closed <u>12/22 – 01/02</u> Redwood Will reopen Monday <u>January 5th</u>		

