

01 October, 2026
Vol. 03

DCHD MUNICIPAL NEWSLETTER

Welcome, to the 3rd edition of the DCHD Municipal Newsletter!

DCHD is excited to share a recap of events that have taken place during the last three months, along with new community resources and programming being developed to accomplish these goals. The dedicated public health professionals of each division of the county health department continue to focus their efforts on improving the quality of life for all our community residents.



New
Directory!

<https://delcodoula.org/>

Delco Doulas : A Delaware County
Collaborative

HOW TO CONTACT DCHD

WHERE CAN I FIND DCHD

Administration/Personal Health/ Population Health/Epi

125 Chester Avenue, Yeadon, PA 19050

Personal Health

151 W. 5th St. Chester, PA 19013

Environmental Health

Rosetree 1
1400 N. Providence Rd
Building 1, Suite 212 Media, PA 19063

HOW TO CONNECT WITH DCHD

DCHD's Wellness Line provides a "one stop shop" for residents, local officials and health professionals seeking information about DCHD programs and services. The Wellness Line is answered by DCHD staff during normal business hours to provide direct assistance. After hours, calls are routed to a live answering service to ensure 24/7 availability for urgent public health concerns and emergencies.

Visit DCHD's website
delcopa.gov/health

Follow DCHD on Facebook
[@delcohealthdepartment](https://www.facebook.com/delcohealthdepartment)

DCHD Wellness Line
(484) 276 - 2100
DelcoWellness@co.delaware.pa.us

PERSONAL HEALTH

The Personal Health Team continues to serve the community in many ways to promote health & wellness. Below are just some of their recent accomplishments!



Delco Doula : A Delaware County Collaborative

In partnership with Family Village (The Foundation for Delaware County), DCHD launched the **Delco Doula Collaborative in September 2026**. This collaborative helps expectant and new mothers find trained doulas serving Delaware County. Doulas help families prepare for labor and delivery, navigate the healthcare system and connect with additional community resources when needed, building a healthier future for parents, babies and families across Delaware County. This new online doula directory (delcodoula.org) helps families connect with trained doulas and helps support the doula workforce in Delaware County.



DCHD, Children First, and Multicultural Community Family Services testified in front of Upper Darby Township Council in August 2026 to support passage of **Lead Safety Ordinance No. 2026-08**. This ordinance will require new inspection and certification requirements to protect children from lead exposure and reduce lead-based paint hazards in older properties in Upper Darby Township. Lead poisoning is still a very real concern. Hundreds of children are still being poisoned across Delaware County every year. Upper Darby joined East Lansdowne, the City of Chester, and Yeadon in taking this critical prevention step. You can see examples of these local ordinances on Delaware County's Sustainability Hub.



DCHD partnered with Upper Darby School District on September 9th, 2026, to meet a state-mandated deadline for required student vaccinations. There was a great turnout for this event. DCHD and Upper Darby administered **50 vaccines to 42 students** in this school district.



FREE FALL FLU SHOT CLINICS (ALL SUBJECT TO VACCINE AVAILABILITY)

	Media Community Center Friday, September 25, 2026 Noon-4pm 301 N. Jackson Street Media, PA 19063
	ACCESS Chester Community Center Friday, October 2, 2026 Noon-1:30pm 701 Booth Street Chester, PA 19013
	Ruth Bennett Community Farm Thursday, October 8, 2026 1pm-3pm 1318 Carla's Lane Chester, PA 19013
	Murphy's Giving Market Tuesday, October 13, 2026 9:30am-Noon 7408 West Chester Pike Upper Darby, PA 19082
	2nd Annual Hat Trick for Health at the Lansdowne YMCA Saturday, October 17, 2026 Noon-4pm 2110 Garrett Road Lansdowne, PA 19050
	Darby Community Health Fair Sunday, October 18, 2026 Noon-2pm Faith Wesleyan Church 884 Main Street Darby, PA 19023 (Wellness on Wheels Mobile Health Unit will be on site)
	Tinicum Fire Company (Drive-Thru – Subject to Weather) Wednesday, October 21, 2026 10am-2pm 99 Wanamaker Avenue Essington, PA 19029

For questions about these vaccination clinics, contact the **DCHD Wellness Line** at **484-276-2100**.

Homebound residents interested in receiving a flu vaccination are also encouraged to call the Wellness Line to register for this service.

DCHD encourages residents to get vaccinated ideally by the end of October, although vaccination later in the season still provides protection against circulating respiratory viruses.

Recommendations for preventing the flu include:

- o Frequent hand washing with soap/water or use of an alcohol-based hand rub
- o Covering your mouth and nose with a tissue when coughing or sneezing
- o Regularly disinfecting frequently touched surfaces and objects

POPULATION HEALTH

The Population Health Team connects with community members, agencies and partner organizations to share health education and resources related to chronic disease prevention, public health emergency preparedness and lifesaving training. Here is a snapshot view of the various programs being offered by this amazing team!



The **DCHD 3rd Annual Back to School Fair** was held on Saturday, August 15th at the Delaware County Wellness Center in Yeadon. DCHD partnered with Eagle Eye Mobile, ACME, Delaware County Libraries, Keystone First, Children First, The Line Up, Kids Smiles, The Foundation for Delaware County, the Franklin Mint, and Wawa, and the team packed and distributed over 400 backpacks, administered 59 vaccinations and completed nearly a dozen physicals. Our partners provided 29 free dental and 40 free vision screenings, sporting equipment, books, infant clothing, diapers, and other valuable resources.



The **“Wellness on Wheels” (WoW)** Mobile Health Unit continues to expand access to essential public health services by bringing care, education, and resources directly into communities throughout Delaware County. Services offered on the **WoW** Mobile Unit include health screenings, vaccinations, chronic disease education and community outreach.

Interested in bringing **“WoW”** to your community event? Submit your request at least 30 days in advance of the event date by calling the DCHD Wellness Line at 484-276-2100 or on our website.



“Rally for Recovery” - In observance of September as National Recovery Month, DCHD, in partnership with the Delaware County Department of Human Services, hosted this special event at Governor Printz Park in Essington, PA, on Thursday, September 24th, highlighting the strength of recovery and the importance of community support. This free, family-friendly event featured food trucks, yoga, speakers, and access to recovery resources.



National Save a Life Day - DCHD partnered with the Delaware County Department of Human Services on Thursday, September 24th to distribute Narcan (naloxone) at 24 locations across the county. Over 1,556 kits (3,112 doses) were made available to the public at treatment providers, recovery organizations, municipalities, and police departments. Delaware County was thrilled to be a part of this **nationwide initiative** dedicated to preventing overdose deaths through education, awareness and expanding access to Narcan to community members as a tool to save lives.



2nd Anniversary of the 'Test and Go' Kiosks- These machines provide public health supplies, home test kits and confidential lab testing resources at **no cost to residents**. These items include home tests for COVID-19, RSV, and Flu. Additionally, the kiosks offer free public health items such as Narcan nasal spray, Fentanyl and Xylazine test strips, condoms, feminine hygiene kits, first aid kits and now pregnancy tests. You can find the kiosk locations at delcopa.gov/health/test-and-go-kiosks.

Delaware County Cold Plan 2026-2027

Runs November 1, 2026 - March 31, 2027



The **Delaware County Cold Plan** is a comprehensive document that identifies the County's response to severe cold conditions termed a **Code Blue**.

- The Delaware County Health Department (DCHD) monitors the weather forecast to determine Code Blue periods and disseminates alerts to partners of the **Cold Plan**, municipal leaders, and to the public.
- Each partner of the **Cold Plan** plays a critical role in protecting the health of the community through the activation of warming center sites, overflow shelter beds, and coordinating outreach efforts to support unsheltered persons.
- The DCHD encourages the community, first responders, and municipal leaders to view the Delaware County Weather Advisory Relief Center Map to locate warming center and shelter resources closest to them. The Weather Advisory Relief Center Map includes the most up-to-date list of warming center resources available in Delaware County.

Residents are encouraged to register for the **Delco Alert** notification system to receive emergency notification communications by using the online link:

<https://member.everbridge.net/453003085612334/new> .

To receive Code Blue messaging, residents are encouraged to add the following to their Delco Alert subscriptions:

- County of Delaware – County Office of Services for the Aging
- County of Delaware – Emergency Preparedness
- County of Delaware – Delaware County Health Department

ENVIRONMENTAL HEALTH

The Environmental Health Team safeguards our community by ensuring food and water safety, responding to environmental complaints, and preventing vector-borne diseases. Please see the critical work being performed by this division!

Free Food Safety Workshop—Environmental Health hosted 2 very successful free food safety workshops in August at Rose Tree Media School District and Radnor Township School District Dining Services. Over 40 plus staff attended these engaging and fun workshops at each site during their annual pre-school year training focused on keeping students and staff healthy during the upcoming school year.



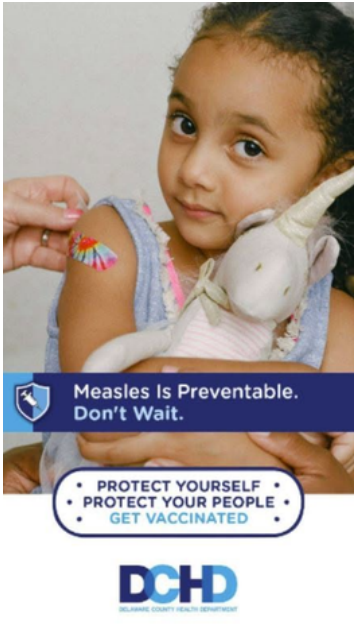
Members of the Environmental Health Division recently represented the Delaware County Health Department at the **National Environmental Health Association (NEHA) Annual Educational Conference & Exhibition** in Kansas City, MO. This event brings together public health practitioners, industry professionals, and local, state and federal leaders for cross-sector collaboration and professional development.

The DCHD Environmental Health team was invited to address a standing-room-only crowd, presenting key lessons learned while establishing the county's health department. The DCHD team highlighted staff empowerment through collaborative decision-making, comprehensive cross-training, leadership pipeline development, and adaptability. Peer attendees from long-standing health departments praised the Delaware County Environmental Health Division's innovative operations, noting that its modern approach provided actionable solutions to challenges common across the field.

News: As of **October 1, 2026**, DCHD will begin providing environmental public health services in the **Borough of Eddystone**.

EPIDEMIOLOGY

DCHD's Epidemiology team is working hard to monitor and prevent the spread of illness in Delaware County. Please see below for information to stay safe this fall!



In response to the ongoing **measles outbreak** in Pennsylvania, DCHD is coordinating closely with the Delaware County Intermediate Unit and Delaware County school districts to share information about measles vaccination rates and preparedness. Immunization rates at the school level are now public. Delaware County has strong immunization coverage, but there are individual schools where reporting has lagged or vaccination coverage is weaker.

Be sure to **check your measles and other vaccination status today**. If you are not vaccinated or don't have a record of vaccinations, please contact your healthcare provider. If you have questions or need a healthcare provider, please call DCHD's Wellness Line 484-276-2100 or visit <https://delcopa.gov/health/measles> for more information.

UPCOMING DCHD EVENTS!

October 23, 2026

DCHD "Empowering One Another" Breast Cancer Awareness Event

 Delaware County Wellness Center, 125 Chester Ave, Yeadon

 10:00 am – 1:00 pm

Join us for a morning of education, speakers and games to share knowledge and awareness about breast cancer. Lunch and giveaways provided.

To register, please call our Wellness Line at 484-276-2100 or email DelcoWellness@co.delaware.pa.us.

October 28, 2026

DCHD/Jefferson Health System Free Mammogram Screening Event

 Chester Wellness Center, 151 W. 5th St., Chester

 9:00 am – 3:00 pm

Health insurance is not required. Appointments are limited.

Please call our Wellness Line at 484-276-2100 or email DelcoWellness@co.delaware.pa.us to schedule.

December 2, 2026

Free DCHD Food Safety Workshop

 Environmental Health Division, 1400 N. Providence Rd., Ste. 212, Media

 1:00 pm – 3:00 pm

Register by November 18th by email: environmental@co.delaware.pa.us

Ongoing

DCHD Navigating Our Health Care System: Crozer Medical Records Assistance

📍 Delaware County Wellness Center, 125 Chester Ave, Yeadon

📍 Delaware County Wellness Center, 151 W. 5th St., Chester

🕒 9:00 am – 4:00 pm

Former Crozer patients can receive assistance getting their medical records. Walk-ins and appointments are available. Please bring a cell phone and your ID.

To schedule an appointment, please call our Wellness Line at 484-276-2100.

For more information, visit delcopa.gov/health or email

DelcoWellness@co.delaware.pa.us.

Do it yourself instructions are included in this newsletter.

NAVIGATING OUR HEALTH CARE SYSTEM

Supporting one another during changing times.



DELAWARE COUNTY HEALTH DEPARTMENT

Were you a former Crozer patient?

Do you need assistance getting
your **medical records**?



Walk-ins and **appointments** are now available at
our locations from **9 am - 4 pm**.

To schedule an appointment, please call our **Wellness Line at 484-276-2100**.

Delaware County Wellness Center (Yeadon)

125 Chester Ave, Yeadon, PA
19050

Delaware County Wellness Center (Chester)

151 W. 5th St
Chester, PA 19013

Please bring a cell phone and your ID.

More info online at: delcopa.gov/health
Email us at: DelcoWellness@co.delaware.pa.us



/DelcoHealth



/DelcoHealthDepartment



/DelcoHD



Empowering *One* Another



Come join DCHD for a morning of education, speakers and games to help spread awareness on Breast Cancer.

Lunch and giveaways provided!

Delaware County Wellness Center
125 Chester Ave, Yeadon, PA 19050

Friday, October 23, 2026, from 10 am - 1 pm

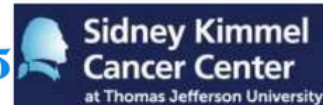
**TOGETHER,
WE RISE.**



To register, please call our
Wellness Line at **484-276-2100**
or email us at
DelcoWellness@co.delaware.pa.us



Give Yourself the Gift of Health



Are Bringing FREE Mammogram Screenings to Chester!

DCHD Wellness Center: 151 W. 5th St, Chester, PA 19013

Wednesday, October 28, 2026, from 9 am-3 pm



Requirements:

- Must be over 40 years old
- Have not had a mammogram in the last 365 days
- No prior diagnosis of Breast Cancer
- Insurance is not required
- Patients with insurance will need a script from their PCP or OBG

To register:

Call our Wellness Line at (484) 276-2100 or email
DelcoWellness@co.delaware.pa.us.

MUST PRE-REGISTER by October 16, 2026
Appointments are limited; call early to schedule.



FREE FOOD SAFETY WORKSHOP

Serve up safety! Learn how to protect your family and community from foodborne illness. Open to everyone!



DECEMBER
2, 2026



1:00 PM - 3:00 PM

This training will cover key topics, including:

- Best Practices for Food Handling
- Preventing Cross-Contamination
- Proper Temperature Control

Sign-Up Today!

Register by November 18th to reserve your seat

environmental@co.delaware.pa.us

1400 N Providence Rd, Ste 212,
Media, PA 19063



Please Note: This is not an ANSI certified Food Protection Manager Course and will not be accepted for retail food operations.



HOW TO REQUEST YOUR CROZER MEDICAL RECORDS

In the Spring of 2025, Delaware County lost the Crozer Health System and its entire network of healthcare providers.

As residents navigate our changing healthcare system, **The Delaware County Health Department** is supporting residents in accessing medical records to help with the transition of care.

For more information on how to access records, please visit DCHD's website at:
<https://delcopa.gov/health/prospect-medical-bankruptcy-update>

*All information can be translated into different languages by selecting that option at the top of the page

Please note that records can be provided only via email at no charge.
If you would like your records uploaded to an electronic USB drive and mailed to you, there is a fee.

The following STEP-BY-STEP GUIDE is an example of how to request
"General Medical Records" (such as inpatient and outpatient records).
Separate requests need to be filled out if you want the other categories of records
(such as behavioral, gastrointestinal, etc.).

All Crozer Medical Records will be destroyed by March 2027.



HOW TO REQUEST YOUR CROZER MEDICAL RECORDS

1. Go to Crozer.morganrecordsmanagement.com
2. In the upper right-hand corner of the green banner, click **"Request My Records."**
3. Scroll down to **"Request by Department"** and select **"General Medical Records."**
4. Select the state the medical practice is located in: **Pennsylvania.**
5. Select medical practice: **Crozer - General Medical Records**
6. Scroll down to **"Patient Information."**
7. Enter your **full name, date of birth, phone number, and email address.**
8. At the bottom-right, select the blue button: **"Save and Next."**
9. Select the reason for the request: *changing doctors or personal interest.*
10. Scroll down for the verification method: either your **Social Security Number (SSN)** or an image of your **Government ID.**
11. At the bottom-right, select the blue button: **"Save and Next."**
12. *Delivery Options Page:* Select **"Secure HIPAA Electronic Transfer \$0."**
13. Contact Information: **Input your email address twice.**
14. At the bottom-right, select the blue button: **"Save and Next."**
15. *On the Confirmation & Authorization Page:* review **ALL** information to ensure it's correct.
16. **Sign** your name in the white space provided with the mouse.
17. At the bottom-right, select the blue button: **"Continue."**
18. On the *Submit Your Request* page: scroll down and check the box **"Submit Request Now."**
19. At the bottom-right, select the blue button: **"Submit Request."**
20. Completed: Submission Status Box pops up, displays your ticket ID number, and directs you to a thank-you page. **Write down your ticket ID number.**

All Crozer Medical Records will be destroyed by March 2027.