

Alcohol, Tobacco, & Other Drugs Prevention Services in Delaware County

Working Together to Prevent Substance Misuse!

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**EDUCATIONAL PROGRAMS AND SERVICES THAT PROMOTE POSITIVE ACTIONS AND BEHAVIORS WHILE
ENGAGING AND EMPOWERING INDIVIDUALS AND COMMUNITIES**

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What will Children Learn?

- EFFECTIVE COMMUNICATION
- COPING SKILLS
- DECISION MAKING

Evidence Based Programs for Schools and Groups:

- Avoid (CH)
- Keep A Clear Mind (HBHS)
- Life Skills (CFF)
- Girls Circle (CFF)
- Project Towards No Drug Abuse (CGRC)
- Unity Circle (CFF)
- The Blues Program (CFF)
- Safe Dates (CH)
- Teen Intervene (CFF)
- Council for Boys and Young Men (CFF)

All programs are free! Funded by Delaware
County Department of Human Services:
Office of Drug and Alcohol

What Will I Learn as a Parent?

- PARENT RESILIENCE
- SOCIAL & EMOTIONAL COMPETENCE
- EFFECTIVE PARENTING

Evidence Based Programs for Parents and Families:

- Children In Between (CH)
- Life Skills (CFF)
- Power Of Parents (CH)
- Strengthening Families (CGRC)
- Strong African American Families (CFF)
- Guiding Good Choices (CGRC)

For Communities

- Health Fairs
- Community Meetings
- Town Hall Meetings

DELCO Resources

- DELCOHSA.ORG

Prevention Providers

Child Guidance Resource Center (CGRC)

Contact: Lisa Schneller
Email: LSchneller@cgrc.org
Phone: 484-454-8700/ 1484

Chimes Holcomb (CH)

Contact: Allison Doherty Fallis
Email: AllisonDoherty@chimes.org
Phone: 484-444-0412

Child and Family Focus (CFF)

Contact: Holly Pianka
Email: HPianka@childandfamilyfocus.org
Phone: 860-885-9837

Delaware County Department of Human Services: Office of Drug and Alcohol

Contact: Erik Gudzinase
Email: gudzinase@co.delaware.pa.us
Phone: 484-849-5567